

PATIENT INFORMATION LEAFLET

ALTACITE PLUS SUSPENSION *CO-SIMALCITE*

Please read this leaflet carefully before you start to take this medicine. If you do not understand it or you want to know more, ask your doctor or pharmacist. Keep the leaflet, you may want to read it again.

WHAT IS IN YOUR MEDICINE?

This product is called Altacite Plus suspension. Each 5ml of suspension contains 500mg of the active ingredient hydrotalcite light and 125mg of dimethicone Ph Eur. (activated)

It also contains sodium carboxymethylcellulose, tween 80, sorbitan mono-oleate, sorbitan tristearate, glyceryl monostearate, colloidal silicon dioxide, methylcellulose 2500, microcrystalline cellulose, bronopol, spearmint polvaromas 077, saccharin sodium, chloroform and purified water.

Altacite Plus suspension is available in bottles of 100ml, 250ml and 500ml.

Hydrotalcite, one of the active ingredients, is an antacid. Antacids are used to neutralise acid in the stomach when too much acid is produced, thus preventing inflammation and relieving pain. Activated dimethicone, the other active ingredient, is an antifatulent. It relieves flatulence by absorbing the gas in your stomach.

WHO HAS MADE YOUR MEDICINE?

The Marketing authorisation for Altacite Plus suspension is held by Peckforton Pharmaceuticals Ltd, Crewe Hall, Crewe, Cheshire, CW1 6UL England.

It is manufactured by Universal Products (Manufacturing) Ltd at Bradshaw Lane, Kirkham, Preston, Lancashire PR4 3JA England.

WHAT IS ALTACITE PLUS SUSPENSION USED FOR?

Your medicine can be used to relieve stomach (abdominal) discomfort and pain caused by flatulence (gas in the stomach) or acid in the following conditions: peptic ulceration (excess acid in the stomach that damages the protective layer of mucus that lines the stomach); dyspepsia (pain in the chest or upper abdomen caused by, or aggravated by acid); gastritis (inflammation of the stomach); heartburn (including in pregnancy), especially when associated with backward flow of acid or hiatus hernia (protrusion through the diaphragm of the stomach).

BEFORE YOU TAKE YOUR MEDICINE

Before you start taking Altacite Plus suspension, please read the following questions. If the answer is **yes** to **any** of these questions, you must tell your doctor before taking this product.

- Have you ever had a bad reaction to or are allergic to any of the ingredients in this product?
- Are you in the early stages of pregnancy?

Warning:

Altacite Plus suspension is not recommended for children under 8 years.

ARE YOU TAKING ANY OTHER MEDICINES?

Altacite Plus may interfere with the absorption of a group of antibiotics called tetracyclines. It is important that you tell your doctor or pharmacist about ALL medicines that you are taking, including those bought without a prescription.

HOW SHOULD YOU TAKE ALTACITE PLUS SUSPENSION?

Adults:

The usual dose is 10 ml i.e. two teaspoons between meals and at bedtime.

Children (between 8-12 years old):

The usual dose is half the adult dose 5 ml i.e. one teaspoon between meals and at bedtime.

You should follow your doctor's or pharmacist's advice about how and when to take this product. If symptoms persist for more than 14 days consult your doctor or pharmacist for further advice.

WHAT IF YOU MISS A DOSE?

If you forget to take your medicine at the correct time, don't worry. Do not take twice as much next time. Just take your medicine as soon as you remember and carry on as before.

WHAT IF YOU TAKE TOO MUCH?

If you take too much of your medicine, you should tell your doctor or pharmacist as soon as possible.

WHAT ABOUT SIDE EFFECTS?

Like all medicines, Altacite Plus may occasionally cause problems such as diarrhoea and vomiting. If this happens or your stomach pain gets worse, stop taking your medicine and tell your doctor, immediately. If you have any other problems and think that your medicine may be causing them, consult your doctor or pharmacist.

HOW SHOULD YOU STORE YOUR MEDICINE?

Do not use your medicine after the expiry date shown on the label. Once you have opened the bottle, discard any remaining medicine after 28 days by returning it to your pharmacist.

Store this medicine at normal room temperature (between 4°C and 25°C). Keep it in the pack in which it was given to you.

Keep this medicine in a safe place where children cannot get at it. Your medicines could harm them.

DATE OF REVISION

April 2000